Guidelines and Selection Criteria – World University Powerlifting Championships

Competition Guidelines: The World University Championship will structured and scored as follows:

- 1. The competition will be set using the classic / raw lifting style.
- 2. Each National Federation may nominate up to four universities in the men's category and four university team's for the women's category. The men's team may consist of 8 lifters and the women's team shall consist of 7 lifters.
- 3. The best three universities for both men and women will receive team awards.
- 4. Team scoring will be determined by calculating the scores of the best five for men and for women for each university (12, 9, 8, 7...)
- 5. The athletes may be from 17 28 years of age.
- 6. The standard weight classes for both men and women will be used.
- 7. The best three men/women will be awarded best lifter awards, determined by Wilks Scoring.
- 8. All lifters will receive a participation medal.
- 9. Gold, Silver and Bronze medals for total will be awarded for each weight class.
- 10. First, second and third place medals will also be awarded per discipline for each weight class.
- 11. Only two athletes from each university, maximum, can be nominated for each weight class.
- 12. Each athlete will be required to provide either a Student Identification card from their university or a letter from their university bursar office stating they're a student in good standing.

The SAPF Selection Committee will choose teams based on the following criteria:

- 1. All students must be affiliated to the SAPF for 2017
- 2. The teams will be chosen (in this order) from
 - Students who competed at SA Raw Champs
 - Students who competed at Provincial Champs or other qualifiers
- 3. Selected lifters will not be eligible for Protea colours
- 4. The Selection Committee will consider all lifters who achieved an incentive badge 2 below the standard for National Colours for their age group, as follows:

	Sub-junior lifters	Junior lifters	Open lifters
Men	Yellow	Green	Brown
Women	Yellow	Orange	Blue

- 5. All students are encouraged to apply, in case extra spaces are available in the teams after the qualified lifters have been placed.
- 6. It might be possible to combine students from more than one university to form one team (to be confirmed)

Because this is the first time University teams are being chosen, the SAPF Selection Committee may refine these rules based on the students who are interested in taking part, in order to maximise the number of students given an opportunity to compete.